



Women's Cardiovascular Health: Unite for Action 2-4 November, 2025 | Dublin, Ireland

## **SUNDAY, 2 NOVEMBER, 2025**

19:00-21:00	REGISTRATION (HOTEL LOBBY) & WELCOME DINNER (TOUZAI RESTAURANT)
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#### **MONDAY, 3 NOVEMBER, 2025 - DAY 1**

TIME	SESSION
08:15-08:45	REGISTRATION
08:45	CONFERENCE OPENING  • Neil Johnson, Executive Director, Global Heart Hub, Ireland  • Karen Coleman, Moderator, Ireland
09:00	KEYNOTE OPENING - WOMEN AND CARDIOVASCULAR DISEASES: AN UNDERSERVED POPULATION AND THE COST OF SILENCE  • Prof Martha Gulati, Cardiologist and Immediate Past President of the American Association of Preventive Cardiology, USA
09:25	<ul> <li>PERSPECTIVES ON CONDITIONS MORE COMMON IN WOMEN</li> <li>Annette Pompa, Patient Advocate, Co-Founder &amp; President of International Heart Spasms Alliance, USA</li> <li>Renate Kaal-Poppelaars, Patient Advocate, Stichting Vrouwenhart and FH Europe Foundation, Netherlands</li> <li>Risa Mallory, Independent Advocate Member of Canadian Women's Heart Health Alliance, Affiliate of Global Heart Hub, Canada</li> <li>Stacy-Ann Walker, Patient Advocate, Canada</li> </ul>
10:05	AUDIENCE Q&A
10:20	BREAK & NETWORKING
10:50	<ul> <li>SEX-SPECIFIC DIFFERENCES ACROSS CULTURE, RACE AND SOCIAL STATUS</li> <li>Dr Shrilla Banerjee, Consultant Interventional Cardiologist, East Surrey Hospital, Surrey and Sussex Healthcare NHS Trust, UK</li> <li>Prof Raffaele Bugiardini, Physician Advocate for patient inclusion in research and clinical decision-making, University of Bologna, Department of Medical and Surgical Sciences (DIMEC), Italy</li> <li>Hyvelle Ferguson-Davis, Patient Advocate, Heart Sistas, Inc., USA</li> <li>Anita Sabidi, Patient Advocate, Diabetes Initiative Indonesia/ International Diabetes Federation, Indonesia</li> <li>Dr Lilian Mbau, Executive Director, Centre for Cardiovascular Prevention and Rehabilitation, Kenya</li> </ul>
11:35	AUDIENCE Q&A
11:50	MOVEMENT BREAK Prof Jenni Jones, Specialist Physiotherapist
11:55	MENOPAUSE: WHEN HORMONE SHIFT BECOMES A HEART HEALTH RISK (In collaboration with WomenHeart)  Celina Gorre, Moderator and CEO, WomenHeart, USA  Dr Michelle Dew, Medical Director, Women's Heart Care Program, AdventHealth Shawnee Mission Cardiology/Cardiothoracic Department, USA  Joanna Markle, WomenHeart Champion, USA  Porothea Dennis, WomenHeart Champion, USA
12:40	AUDIENCE Q&A
12:55	LUNCH & NETWORKING



Quiet Zone: A dedicated Quiet Zone is located on the 1st floor mezzanine for anyone who may need a break from sensory stimulation. It can be accessed via the lift or stairs from the registration area.







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## **MONDAY, 3 NOVEMBER, 2025 - DAY 1 CONTINUED**

13:55	RAPID-FIRE PRESENTATIONS:
	• Hypertension – The Silver Bullet for Cardiovascular Health in Women? Dr Anastasia Mihailidou, Senior Hospital Scientist & Head of Cardiovascular & Hormonal Research, Royal North Shore Hospital & Kolling Institute, Australia
	• Cardiovascular Disease and Mental Health: A Dangerous Duo? Prof Christi Deaton, Emerita Prof of Nursing, University of Cambridge School of Clinical Medicine, UK
	<ul> <li>Are Women Missing in the Research Landscape? Prof Vijay Kunadian, Professor of Interventional Cardiology, Newcastle University &amp; Hospitals, UK</li> </ul>
14:35	MOVEMENT BREAK Prof Jenni Jones, Specialist Physiotherapist
14:40	PATIENT ORGANISATIONS: GLOBAL PERSPECTIVES OF WHAT IS WORKING AND COMMON PAIN POINTS  • Prof Linda Worrall-Carter, Founder and Director, Her Heart, Australia  • Fernanda de Carvalho, Public & International Affairs, Instituto Lado a Lado pela Vida, Brazil
	<ul> <li>Anita Sabidi, Patient Advocate, Diabetes Initiative Indonesia/ International Diabetes Federation, Indonesia</li> <li>Magdalena Daccord, CEO, FH Europe Foundation, Switzerland</li> </ul>
15:15	AUDIENCE Q&A
15:30	BREAK & NETWORKING
16:00	SMALL GROUP TASK: HOW TO OVERCOME KEY BARRIERS? (BREAKOUT GROUPS)
17:00	BUILDING AN ACTION AGENDA  • Anna Dé, Anna Dé Healthcare Policy Consultancy
17:15	COMMUNITY BUILDING WITH THE BODHRÁN BUZZ
17:45	CLOSING COMMENTS - DAY1

19:00	NETWORKING RECEPTION
19:30	UNITE SUMMIT DINNER  Guest Speaker: Prof Derek O'Keeffe, Physicianeer, Ireland







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#### **TUESDAY MORNING: MOVEMENT MOMENTS!**

OPTION 1: Healthy Heart Walk Rise, Connect & Stride!

Meet in the lobby before 07:45 to join us on a 30-minute walk, returning to the hotel for 08:15.

(Note, the walk will not go ahead if the weather is unsuitable)

# OPTION 2: Movement Matters Rise, Connect & Move!

Join us in the Fahrenheit Room at 07:45 for a 30-minute class with Prof Jenni Jones, Specialist Physiotherapist.

# **TUESDAY, 4 NOVEMBER, 2025 - DAY 2**

TIME	SESSION
09:00	WELCOME AND RECAP OF DAY 1  • Neil Johnson, Executive Director, Global Heart Hub
09:10	<ul> <li>CHANGING THE STATUS QUO: WHAT QUESTIONS DO WE NEED TO ADDRESS?</li> <li>General Practice Perspectives Dr Anna Stavdal, Past president of World Organization of Family Doctors (WONCA) World, Norway</li> <li>Undergraduate Medical Education Perspectives Prof Gerard Flaherty, Professor, University of Galway, Ireland</li> <li>Gender and Diversity Perspectives Prof Vijay Kunadian, Professor of Interventional Cardiology, Newcastle University &amp; Hospitals, UK</li> <li>Female-specific Guidelines &amp; Sex-specific Research Perspectives Dr Anastasia Mihailidou, Senior Hospital Scientist &amp; Head of Cardiovascular &amp; Hormonal Research, Royal North Shore Hospital &amp; Kolling Institute, Australia</li> </ul>
10:00	AUDIENCE Q&A
10:15	<ul> <li>CHALLENGES IN COMMUNICATION AND REACHING WOMEN</li> <li>Caroline Verhage, Patient Advocate; Founder and Chair, Stichting VrouwenHart, Netherlands</li> <li>Jackie Ratz, Founder of Canadian Women with Medical Heart Issues, HeartLife Foundation Champion and member of Canadian Women's Heart Health Alliance, Canada</li> <li>Hannah Keime, Co-founder and President, HeartCharged, USA</li> <li>Christianah Oyeleye, Founder, The Congenital Heart Disease Foundation of Nigeria</li> </ul>
11:00	BREAK & NETWORKING
11:30	<ul> <li>DESIGNING EQUITY-FOCUSED POLICIES FOR CVD</li> <li>Maria Walsh, Member of the European Parliament (MEP), Ireland</li> <li>Kitti Almer, Senior Policy and Advocacy Manager, FH Europe Foundation, and former Public Health Attaché at the Permanent Representation of Hungary to the European Union, Hungary</li> <li>Dimple Natali, Associate Director, ACCESS Health International and Asia-Pacific Cardiovascular Disease Alliance, Singapore</li> <li>David Lloyd, CEO, National Heart Foundation of Australia and Vice President-Elect, World Heart Federation, Australia</li> </ul>
12:15	AUDIENCE Q&A
12:15	TURNING INSIGHTS INTO ACTION: GLOBAL HEART HUB INITIATIVES  • Shaping the Future for Women with Heart Valve Disease Jacqueline Lewis, Patient Advocate and Co-Chair of GHH's Women & Heart Valve Disease Initiative, UK  • Qualitative Study of Women's Experiences with CVD Dr Joe Vandigo, Vice President and Research Partner, Applied Patient Experience, LLC, USA  • Her Last Search Campaign Neil Johnson, Executive Director, Global Heart Hub, Ireland
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