

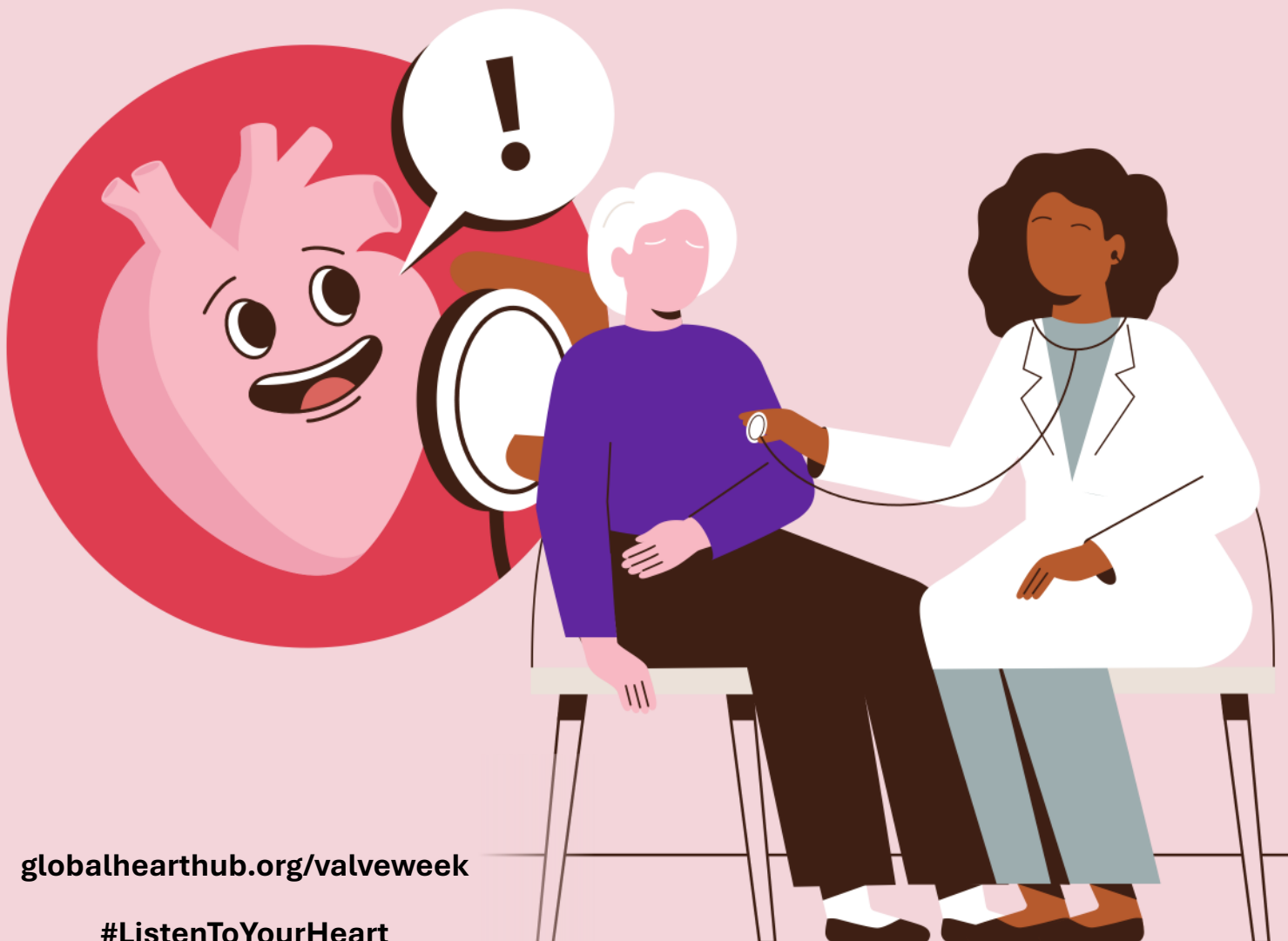
# Listen to your heart

**Heart Valve Disease is common, serious, but treatable.**

Heart Valve Disease is when one or more of the valves in our heart don't open or close properly. When our valves aren't working properly our hearts may try to warn us that something's wrong.

A simple stethoscope check is the first step to detect Heart Valve Disease. So a regular stethoscope check with your doctor is a good idea.

So if you feel like something's wrong... then listen to your heart!



[globalhearthub.org/valveweek](https://globalhearthub.org/valveweek)

**#ListenToYourHeart**