

Asia-Pacific Cardiovascular Patient Leadership Roadmap Summary



A regional collaboration mechanism for coordinated, prevention-focused cardiovascular action, with patient leadership at its core.

Vision

Patient leadership embedded in cardiovascular governance and decision-making across Asia-Pacific.

01

SHORT TERM

Connect and Build



Build the foundations for stronger patient leadership across Asia-Pacific

- **Connect** patient organisations and strengthen regional exchange
- **Build** leadership and advocacy capability
- **Share** evidence, tools and good practice
- **Increase** the visibility and recognition of the value of the patient voice

02

MEDIUM TERM

Partner and Influence



Establish patient organisations as valued partners in cardiovascular policy and programmes

- **Co-create** cardiovascular policies, guidelines and programmes
- **Generate and use** patient experience data and evidence
- **Strengthen** partnerships with clinicians, researchers and policymakers
- **Measure** advocacy impact and organisational effectiveness

03

LONG TERM

Embed and Sustain



Embed patient leadership in cardiovascular governance and decision-making

- **Institutionalise** patient involvement in governance and decision-making
- **Integrate** patient-reported experience and outcomes into policy and service improvement
- **Secure** sustainable investment in patient organisations and leadership
- **Establish** patient organisations as sustainable partners in health-system transformation

WINDOWS FOR INFLUENCE

Short term

- National CVD strategies
- Universal Health Coverage (UHC) reforms
- Digital health initiatives
- ASEAN, APEC and WHO regional platforms



Medium term

- Guideline development
- Health-system redesign
- NCD strategies
- Workforce, digital health and primary care reforms



Long term

- Health-system transformation
- Long-term prevention strategies
- Regional standards and accountability
- Multi-sector cardiovascular partnerships

What Patient Organisations Need



Leadership and advocacy capacity



Sustainable funding



Evidence and data



Research and policy partnerships



Regional networks and peer learning



Recognition of lived experience